

BOSTON ★★★★ VS ★★★★★ BULLIES

www.bostonvsbullies.org

AN AWARD-WINNING BULLYING PREVENTION PROGRAM FROM THE SPORTS MUSEUM

FEATURING ATHLETES FROM ALL OF BOSTON'S TEAMS PROVIDING KIDS WITH PRACTICAL GUIDANCE, STRATEGIES, AND OPTIONS GROUNDED IN THE LATEST ANTI-BULLYING RESEARCH

WHO WE REACH

Since 2013, Boston vs. Bullies has impacted:

- ★ More than 300,000 students (Grades 4-6)
- ★ More than 1,400 teachers
- ★ More than 600 schools and organizations in Massachusetts and New England

WHAT WE TEACH

- ★ What is Bullying?
- ★ If You Are Bullying: How You Can Stop
- ★ If You Are Being Bullied: How You Can Respond
- ★ If You Are the Bystander: How You Can Help
- ★ How to Respond to Cyberbullying

WHAT WE PROVIDE

- ★ Educational video, facilitator's guide, and presentation slides (PPT and Google)
- ★ Train-the-Trainer program and support
- ★ Lesson plans and activity worksheets
- ★ Wristbands, banners, and posters
- ★ Materials and training for "Including Kids With Disabilities in Bullying Prevention"

And thanks to our funders, we provide everything free of charge!

WHY THE PROGRAM WORKS

- ★ **For Students:** Because it has engaging, resonating content featuring current Boston athletes
- ★ **For Teachers:** Because it has a flexible curriculum and easy-to-implement materials
- ★ **For Schools/Organizations:** Because it is powerful, evidence-based, and free of charge



VERONICA BURTON
WNBA



GARRETT CROCHET
Boston Red Sox



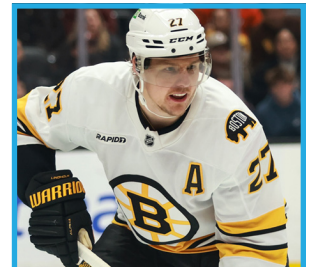
CHRISTIAN GONZALEZ
New England Patriots



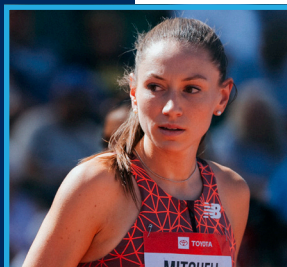
PONO KAYOSHI
New England Free Jacks



MEGAN KELLER
Boston Fleet



HAMPUS LINDHOLM
Boston Bruins



KATE MITCHELL
Team New Balance Boston



WILL SANDS
New England Revolution



DERRICK WHITE
Boston Celtics

PRESENTED BY THE SPORTS MUSEUM AND THE BOSTON SPORTS COMMUNITY



BOSTONVSBULLIES.ORG

PROGRAM IMPACT

2018 EVALUATION

A major study was conducted by independent evaluators from Boston University involving more than 600 fifth grade students across 10 Massachusetts schools. Students in the study who completed Boston vs. Bullies reported:

- Greater improvement in knowledge of bullying
- Increased sense of bystander responsibility
- Increased responsiveness among teachers to bullying
- Decreased acceptance of aggression and peer victimization
- That the program made things better and there was less bullying in their class

Because these results were presented at the prestigious Annual Meeting of the American Educational Research Association (AERA) in 2019 and then published in the acclaimed Journal of School Violence in 2020, Boston vs. Bullies can now be regarded as an evidence-based program. A bullying prevention program can have no higher status.

2021 EVALUATION

Key Finding: Significant improvement in all areas of students' knowledge about bullying, with the greatest improvement in their understanding of how to stop cyberbullying

2024 EVALUATION

Another major study was conducted by independent evaluators from BU at 10 different schools in Massachusetts and Rhode Island. Key findings included:

- Students who participated in Boston vs. Bullies were less likely to tolerate bullying in their school
- Students who participated in Boston vs. Bullies reported that kids have more power to stop bullying
- Increased awareness among participants about the behaviors, definitions, and forms of bullying, leading to more frequent reporting after participating in the program

PROGRAM FUNDING



COMPANION PROGRAM



A BOSTON VS. BULLIES PROGRAM ON BELONGING

When kids feel like they belong, good things happen—they are more likely to feel better about themselves, show respect and empathy for others, and succeed academically. That is why we developed [ALL IN: A Boston vs. Bullies Program on Belonging](#).

ALL IN may be used as a stand-alone program or as an introductory program for the Boston vs. Bullies bullying prevention program.

BOTTOM LINE: BOSTON VS. BULLIES IS AN INNOVATIVE, EVIDENCE-BASED PROGRAM WITH PROVEN IMPACT