

Lesson One: Player Card



NAME: _____

Draw or place a picture of yourself here!

Keep going...

Lesson One: Player Card



My favorite sport or game is...



Something that makes me special is...

My favorite family tradition is...

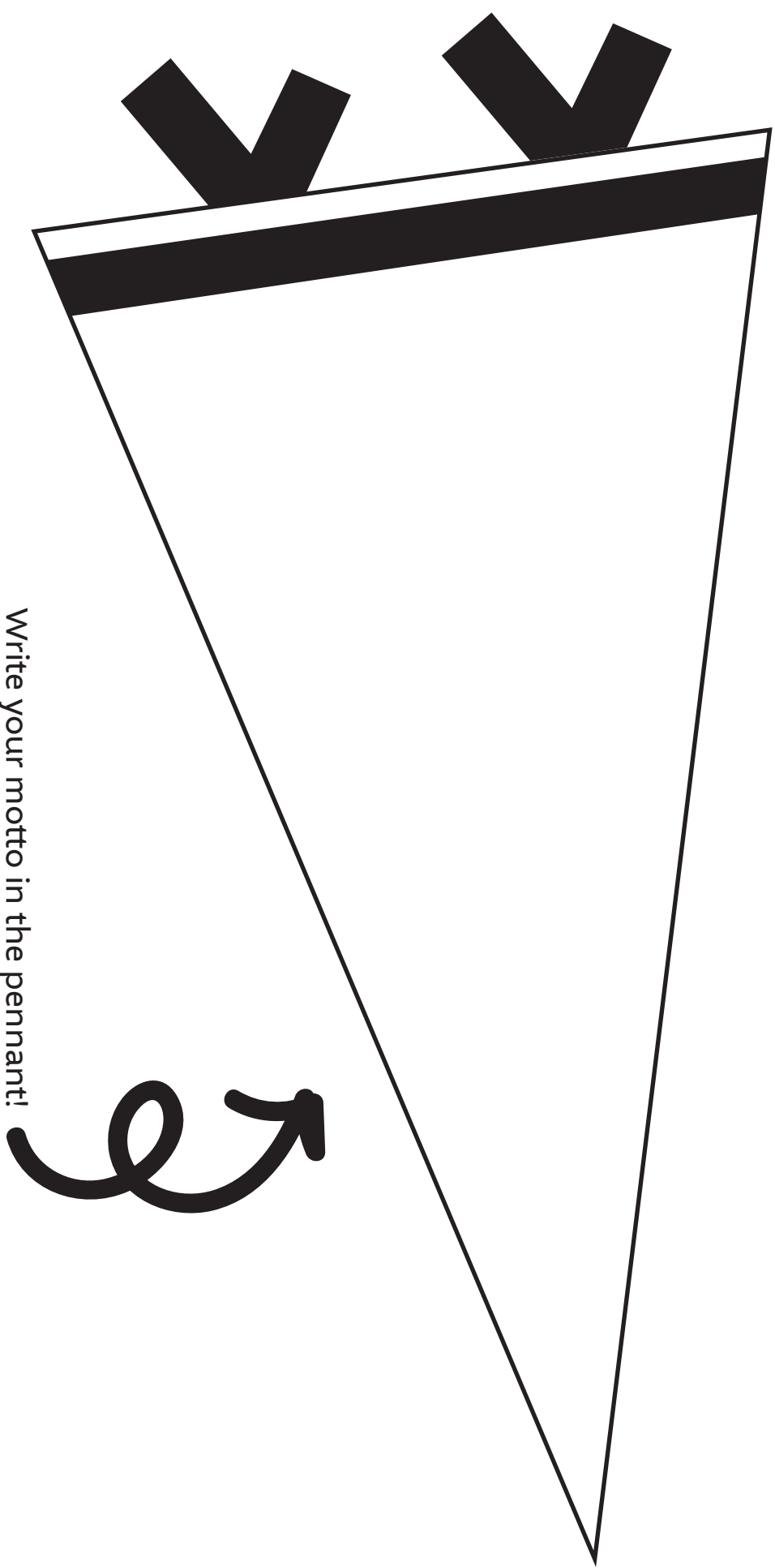


Lesson One: Belonging Motto



NAME: _____

Here's our motto for All In:



Write your motto in the pennant!

Lesson One: Challenge

Teach Something New



NAME: _____

Teach each other something new. For example, it could be a song, how to draw something, a word from another language, how to shoot a basketball, or how to make your favorite snack.



Write/draw what your partner taught you!

Lesson Two: Challenge 1

Belonging Interview



NAME: _____

Interview a classmate, friend, or relative about belonging. Use these three questions for your interview. Write down their answers.



What makes you feel like you belong?

What makes you feel like you don't belong?

Do you think you need to change who you are to belong?

Lesson Two: Challenge 2

Social Media



NAME: _____

You need to decide:

Alexis Kim
Yesterday at 2:55pm · 🌐

nobody tell Mike L. about my birthday party on Saturday!!! only cool people are invited 😊

Like · Comment · Share

👍 14 people like this.

Write a comment ...

Will anyone feel left out? How can you tell?

Keep going...

Lesson Two: Challenge 2

Social Media



Will anyone feel left out?
How can you tell?



Will anyone feel left out?
How can you tell?

Lesson Three: Challenge 1

Showing Kindness



NAME: _____

Do something kind for someone, such as write a nice note, tell a joke or funny story, or give a compliment.



Draw or write about the kind thing you did!

Lesson Three: Challenge 2

Story Making

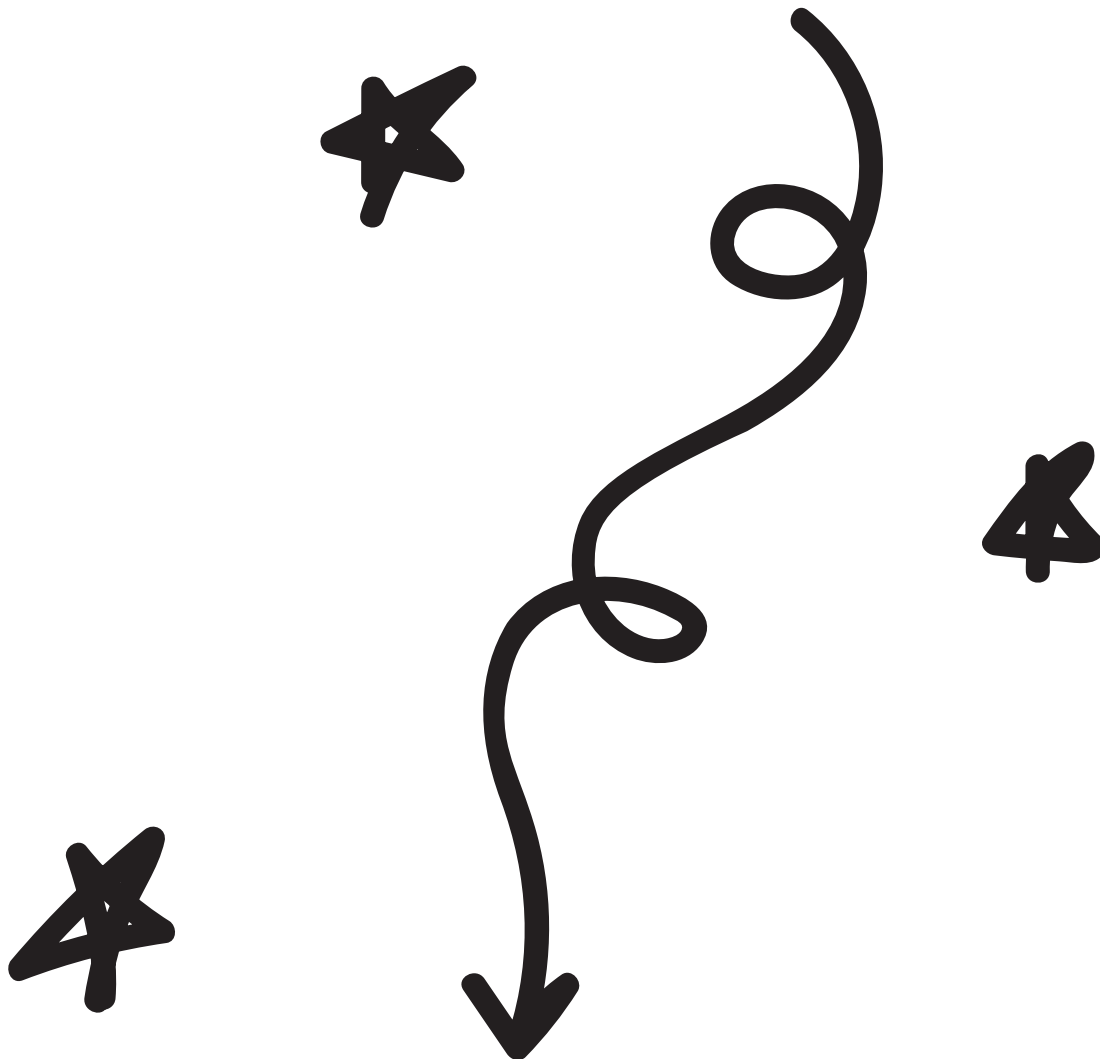


NAME: _____

Working alone or with a partner, write your own story about someone who is having a hard time.

1. Brainstorm story ideas.
2. Plan the story's beginning, middle, and end.
3. Turn these ideas into a creative story.

Use the next page as a guide for writing your story!



STORY MAKING

Setting & Main Characters

Problem or Conflict

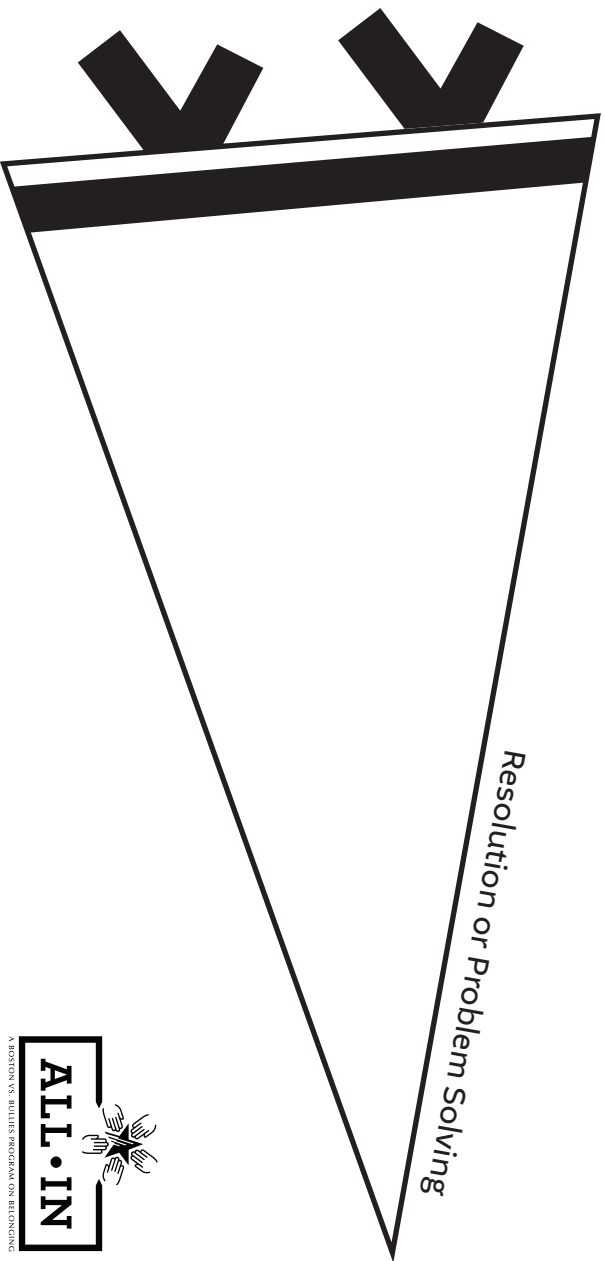
Beginning

Middle

End

A series of ten horizontal dashed lines, each with a vertical tick mark at the beginning and end, serving as a guide for writing the story's beginning, middle, and end.

Resolution or Problem Solving





**Lesson Four:
Social Problem-Solving Cards**

Print and cut these cards out.
Use as directed in Lesson Four
of the *All In* booklet.

**Sarah feels sad when her
mom is late picking her
up from soccer.**

**Mia is always the last
person to be picked for
the basketball team.**

**Luca's grandmother
packs his lunch. He feels
embarrassed because his
lunch looks and smells
different from all the
other kids' lunches.**

**Victor reads slowly.
Sometimes he has
trouble following
along in class.**

**Oscar hurt his
leg and has trouble
getting around.**

**Eddie likes unique
clothes and listens
to different music
than most of his
classmates do.**

Mabel has trouble focusing in the morning and forgets to bring things to school.

Mike is bothered by loud noises. He gets anxious and can't focus when he hears them.

Nicki has food allergies. She feels awkward when she gets special food at school.

Ellis doesn't like to speak in front of the class because he stutters.

Nina forgot her glasses and can't see the board at school.

Matt is always moving fast. He finds it hard to focus.

Lee usually doesn't understand jokes.

Jasmine is the best athlete in her school. Kids make fun of her because she is the only girl on the football team.

Lesson Four: Challenge 1

Helping



NAME: _____

Find a classmate, friend, sibling, or neighbor who needs extra help.

Draw/write about how you helped.



Lesson Four: Challenge 2

Lunchtime



NAME: _____

Find someone to sit with at lunch whom you haven't had lunch with before.



A large rectangular area defined by a dashed line, intended for drawing or writing.

Draw/write about what happened.



Lesson Five: Team Contract



NAME: _____

Write down five actions to help kids belong:



① _____

② _____

③ _____

④ _____

⑤ _____



Lesson Five Final Challenge: Community Service Project



NAME: _____

**Write/draw your idea about how to make
your school/program more welcoming.**



A large rectangular area defined by a dashed line of small black squares, intended for writing or drawing ideas.



All In: Pre-Program Quiz



NAME: _____

Circle your answer.

I agree (not at all, a little, a lot) with these statements:

I feel like I belong in my class/program.

Not At All A Little A Lot

Kids here like me the way I am.

Not At All A Little A Lot

I try to show respect for kids in my class/program.

Not At All A Little A Lot

I try to include all kids in activities.

Not At All A Little A Lot

I offer help when other kids need it.

Not At All A Little A Lot

I ask for help when I need it.

Not At All A Little A Lot

I try to make sure kids in my class/program feel like they belong.

Not At All A Little A Lot

Most kids in my class/program feel like they belong.

Not At All A Little A Lot

— you got this



All In: Post-Program Quiz



NAME: _____

Circle your answer.

I agree (not at all, a little, a lot) with these statements:



I feel like I belong in my class/program.

Not At All A Little A Lot

Kids here like me the way I am.

Not At All A Little A Lot

I try to show respect for kids in my class/program.

Not At All A Little A Lot

I try to include all kids in activities.

Not At All A Little A Lot

I offer help when other kids need it.

Not At All A Little A Lot

I ask for help when I need it.

Not At All A Little A Lot

I try to make sure kids in my class/program feel like they belong.

Not At All A Little A Lot

Most kids in my class/program feel like they belong.

Not At All A Little A Lot

you did it!