Lesson One: Player Card

NAME: ________________________________

Draw or place a picture of yourself here!

Keep going...
Lesson One: Player Card

My favorite sport or game is...

________________________________________________________________________
________________________________________________________________________
________________________________________________________________________
________________________________________________________________________
________________________________________________________________________

Something that makes me special is...

________________________________________________________________________
________________________________________________________________________
________________________________________________________________________
________________________________________________________________________
________________________________________________________________________

My favorite family tradition is...

________________________________________________________________________
________________________________________________________________________
________________________________________________________________________
________________________________________________________________________
________________________________________________________________________
Write your motto in the pennant:

Here's our motto for All In:

NAME:

Lesson One: Belonging Motto
Teach each other something new. For example, it could be a song, how to draw something, a word from another language, how to shoot a basketball, or how to make your favorite snack.

Write/draw what your partner taught you!
Lesson Two: Challenge 1
Belonging Interview

NAME: ____________________________________________

Interview a classmate, friend, or relative about belonging. Use these three questions for your interview. Write down their answers.

What makes you feel like you belong?

________________________________________________________________________

________________________________________________________________________

________________________________________________________________________

What makes you feel like you don’t belong?

________________________________________________________________________

________________________________________________________________________

________________________________________________________________________

Do you think you need to change who you are to belong?

________________________________________________________________________

________________________________________________________________________

________________________________________________________________________
Lesson Two: Challenge 2
Social Media

NAME: ________________________________________________________

You need to decide:

Alexis Kim
Yesterday at 2:55pm

nobody tell Mike L. about my birthday party on Saturday!!! only cool people are invited 😊

Like · Comment · Share

14 people like this.

Write a comment ...

Will anyone feel left out? How can you tell?

_________________________________________________________________

_________________________________________________________________

_________________________________________________________________

_________________________________________________________________
Lesson Two: Challenge 2
Social Media

Will anyone feel left out?
How can you tell?
Lesson Three: Challenge 1
Showing Kindness

NAME: _______________________

Do something kind for someone, such as write a nice note, tell a joke or funny story, or give a compliment.

Draw or write about the kind thing you did!
Lesson Three: Challenge 2
Story Making

NAME: __________________________________________

Working alone or with a partner, write your own story about someone who is having a hard time.

1. Brainstorm story ideas.

2. Plan the story’s beginning, middle, and end.

3. Turn these ideas into a creative story.

Use the next page as a guide for writing your story!
# Lesson Four: Social Problem-Solving Cards

Print and cut these cards out. Use as directed in Lesson Four of the All In booklet.

<p>| Sarah feels sad when her mom is late picking her up from soccer. | Mia is always the last person to be picked for the basketball team. |
| Luca’s grandmother packs his lunch. He feels embarrassed because his lunch looks and smells different from all the other kids’ lunches. | Victor reads slowly. Sometimes he has trouble following along in class. |
| Oscar hurt his leg and has trouble getting around. | Eddie likes unique clothes and listens to different music than most of his classmates do. |</p>
<table>
<thead>
<tr>
<th>Nicki has food allergies. She feels awkward when she gets special food at school.</th>
<th>Mabel has trouble focusing in the morning and forgets to bring things to school.</th>
<th>Mike is bothered by loud noises. He gets anxious and can’t focus when he hears them.</th>
</tr>
</thead>
<tbody>
<tr>
<td>Ellis doesn’t like to speak in front of the class because he stutters.</td>
<td>Nina forgot her glasses and can’t see the board at school.</td>
<td>Matt is always moving fast. He finds it hard to focus.</td>
</tr>
<tr>
<td>Lee usually doesn’t understand jokes.</td>
<td>Jasmine is the best athlete in her school. Kids make fun of her because she is the only girl on the football team.</td>
<td></td>
</tr>
</tbody>
</table>
Lesson Four: Challenge 1
Helping

NAME: ____________________________

Find a classmate, friend, sibling, or neighbor who needs extra help.

Draw/write about how you helped.
Find someone to sit with at lunch whom you haven’t had lunch with before.

Draw/write about what happened.
Lesson Five: Team Contract

NAME: 

Write down five actions to help kids belong:

1. 

2. 

3. 

4. 

5. 
Lesson Five: Role Play
How Can You Help?

NAME: __________________________

For each situation below, write/draw how to help.

You and your friends walk by and notice Jill is sitting by herself at lunch.

What can you do?

You and your friends walk by and notice José is sitting by himself at recess.

What can you do?

You are part of the top math group. You see that Petra is having trouble finishing a math problem.

How could you help?

You and your friends notice that Amy, the new kid in school, is having trouble making friends.

What could you do to help?
Lesson Five Final Challenge:
Community Service Project

NAME: ______________________________

Write/draw your idea about how to make your school/program more welcoming.
Circle your answer.
I agree (not at all, a little, a lot) with these statements:

I feel like I belong in my class/program.
- Not At All
- A Little
- A Lot

Kids here like me the way I am.
- Not At All
- A Little
- A Lot

I try to show respect for kids in my class/program.
- Not At All
- A Little
- A Lot

I try to include all kids in activities.
- Not At All
- A Little
- A Lot

I offer help when other kids need it.
- Not At All
- A Little
- A Lot

I ask for help when I need it.
- Not At All
- A Little
- A Lot

I try to make sure kids in my class/program feel like they belong.
- Not At All
- A Little
- A Lot

Most kids in my class/program feel like they belong.
- Not At All
- A Little
- A Lot
All In: Post-Program Quiz

NAME: ____________________________________________

Circle your answer.
I agree (not at all, a little, a lot) with these statements:

I feel like I belong in my class/program.

Not At All  A Little  A Lot

Kids here like me the way I am.

Not At All  A Little  A Lot

I try to show respect for kids in my class/program.

Not At All  A Little  A Lot

I try to include all kids in activities.

Not At All  A Little  A Lot

I offer help when other kids need it.

Not At All  A Little  A Lot

I ask for help when I need it.

Not At All  A Little  A Lot

I try to make sure kids in my class/program feel like they belong.

Not At All  A Little  A Lot

Most kids in my class/program feel like they belong.

Not At All  A Little  A Lot

you did it!