



# Guide to Boston vs. Bullies Academy for Internet Champions

## BULLYING ISN'T A GAME.

*It's a serious problem.*

As a parent or trusted adult, you play an important role in helping your child to navigate the Internet and social media and respond effectively to cyberbullying situations. This guide is designed to help you use the Boston vs. Bullies Academy for Internet Champions online game with your child.

**Objectives:**

- Recognize what is bullying and cyberbullying, and what isn't
- Understand how to safely interact with others online
- Identify what they can do if kids are being cyberbullied or see cyberbullying take place
- Identify posts that could lead to cyberbullying

**Rounds:**

- What is Bullying
- Stay Cyber Safe
- Stand Up to Cyberbullying
- Think Before You Post



### How to Play



CLICK OR TAP THE TEXT BOX TO CONTINUE.

CLICK OR TAP THE PLAY BUTTON TO HEAR THE DIALOGUE.

CLICK OR TAP THE BUTTONS TO MAKE A CHOICE.

**Round 1:**

Have your child or student decide if a situation is bullying or not bullying.

**Rounds 2 & 3:**

Have your child or student select the best choice or response to Ivy, Jordan, and Felix's cyber safety or cyberbullying situations.

**Round 4:**

Have your child or student decide if the example social media post is...

- ▶ OK to post
- ⊕ Not sure
- ✖ Not OK to post

Before deciding, students should ask themselves....

- Could this be embarrassing or hurtful?
- Do I have permission (from the person) to post this photo?
- Could this lead to cyberbullying?
- Is this safe to post?



**Post-Game Questions:**

- If you feel uncomfortable when interacting with someone online, who can help?
- If you see someone doing the cyberbullying, how can you help?
- If you are getting cyberbullied, what can you do?

### Additional Resources

CYBERBULLYING LESSON (PPT)

EYES ON BULLYING

BOSTONVSBULLIES.ORG

STOPBULLYING.GOV